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Diabetes: Fight It With The Blood Type Diet (Dr. Peter J. D'Adamo's Eat Right 4 Your Type Health Library)

DIABETES

Fight It with the Blood Type Diet®

Dr. Peter D'Adamo's
EAT RIGHT 4 YOUR TYPE
Health Library
4 Blood Types, 4 Battle Plans

The Individualized Plan
for Preventing and Treating
Diabetes (Type I, Type II)
and Pre-Diabetes

Including Hyperglycemia (high blood sugar)
and Hypoglycemia (low blood sugar)



Dr. Peter J. D'Adamo
with Catherine Whitney



Synopsis

Featuring brand-new targeted food and supplement lists specific to diabetes that readers won't find anywhere else. The Individualized Plan for Preventing and Treating Diabetes (Type I, Type II) and Pre-Diabetes-including Hyperglycemia (high blood sugar) and Hypoglycemia (low blood sugar) America's fastest-growing health problem just got dealt a major blow. Dr. Peter J. D'Adamo, the creator of the Blood Type Diet(r), which has forever changed the way people approach health and weight loss, now brings readers a targeted plan for fighting diabetes. This volume of Dr. D'Adamo's Health Library has specific tools not available in any other book, for preventing, treating, and reversing some of the many complications of diabetes.

Book Information

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Customer Reviews

OK

I love all books written by Dr. D! This one is very useful if you have diabetes or other blood sugar

issues.

Excellent seller and product, thanks

This book gave a lot more information on how to manage my diabetes along side the blood type diet. I am starting to feel better and most important my blood sugars are beginning to normalize.

This book has helped me to adjust my eating habits for healthier eating habits

excellent info for those confused about how to deal with diabetes. So much conflicting info out there. This book was very useful and informative.

The book was somewhat helpful. I would very much like an updated genotype version from D'Adamo.

I'm down 20 points and not stopping. Holiday season is here. I won't feel bad to eat my pecan pie now.

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Type 2 Diabetes:The Type 2 Diabetes Guide With Powerful Type 2 Diabetes Tips (Free Checklist Included)[Type 2 Diabetes, Type 2 Diabetes Cure,Type 2 Diabetes Diet, Diabetes Diet, Diabetes Magazine]

TYPE 2 DIABETES DESTROYER: The Secret to REVERSE Type 2 Diabetes, 3 Proven Steps to Reverse Type-2 Diabetes in 11 Days (Diabetes type 2, Diabetes, diabetes ...

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